



MCAT PREP COURSE

2018-19 Info Package

**Most
comprehensive
MCAT prep
course**

Comparison of MCAT Prep Courses

[Last updated September 1, 2018]

COURSE	✓ Prep101	Princeton Review	Kaplan
Focus	Review + Skills + Strategy	Review	Strategy
Classroom hours of instruction*	130	105	36
Classroom hours on CARS (Critical Analysis and Reasoning Skills)	32	21	6
Flexible Schedule** (choice of weeknight or weekend classes)	✓	✗	✗
Unlimited Free Repeat Policy	✓	✗	✗
In-Class Exams	32	✗	✗
Workshops	28	✗	✗
Price	\$2495	\$2399	\$2034
INSTRUCTORS	✓ Prep101	Princeton Review	Kaplan
Hired by students at competitive auditions	✓	✗	✗
Specialists teach each subject	✓	✓	✗
Credentials and evaluations on website	✓	✗	✗

* Does not include online instruction.

**Each class offered on a weeknight and again on the weekend, and you can choose to attend either or both classes, depending on your schedule week to week.

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How We're Different

**We're different
in ways that get
you a higher score.**

Comprehensive approach

Master the knowledge, skills, and strategies to maximize your scores.

(see page 6)

Focus on CARS

More classroom time devoted to this challenging section than our leading competitors combined.

(see page 9)

Classroom practice

Expert prep instructors walk you through 6-8 passages in every class.

(see page 10)

Online practice

Over 800 passages (including 13 full-length tests) to sharpen your skills and strategies.

(see page 11)



We're different in ways that put students first.

Most classroom time

Students learn best in class, which is why we offer the most classroom hours.

(see page 8)

Flexible schedule

We make our course flexible enough to fit your schedule, not ours.

(see page 8)

Unlimited free repeat policy

Take our course as many times as you need to get ready. No strings attached.

(see page 9)

Instructors chosen by students

Our instructors are hired at competitive auditions by pre-med students who make the final selections.

(see page 12)

Course Overview

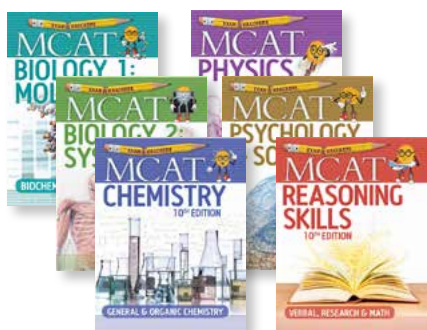
\$2495^{+TAX}
Includes course materials

Our comprehensive MCAT prep course drills down into every area of the MCAT. You can tackle every topic and passage with confidence using our proven strategies and techniques.

Course Features (✓ = unique to Prep101)

- ✓ **130 hours of classroom instruction** — spread over 10 weeks to give you ample time to digest everything.
- ✓ **Flexible Schedule** — classes offered twice weekly to give you the choice of weeknight or weekend lectures – or both.
- ✓ **Unlimited Free Repeat Policy** — take our course as many times as it takes to get you ready.
 - **Team of expert instructors** — our instructors are specialists in their field and have lots of teaching experience.
 - **44 Lessons** — we cover everything you need to know in every MCAT subject.
- ✓ **32 In-Class Exams and 28 Workshops** — master the skills and strategies to efficiently answer passage-based questions.
- **6 Study Guides** — comprehensive but concise review of every topic in all four MCAT sections.
- **6 Classroom Companions** — 1000s of pages of review, drills, practice problems, and critical thinking exercises taken up in class.
- **1 CARS Workbook** — 101 practice passages covered in 12 CARS Workshops.
- **6 AAMC Question Packs + AAMC Section Bank** — the gold standard of MCAT practice materials.
- **23 After-Class Practice Sets** — more practice passages to reinforce what you learned in class.
- **13 Practice Tests** — full-length computerized tests with scaled scores.
- **MedReels** — 600 on-demand videos to watch any time from the comfort of your home.
- **Online Forum** — interact online with classmates and instructors at your own convenience.
- ✓ **Email access to instructors** — contact any of our instructors by email throughout the course.

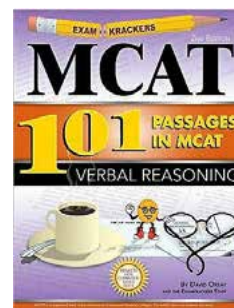
Course Materials (Included in price)



6 Study Guides



6 Classroom Companions



1 CARS Workbook

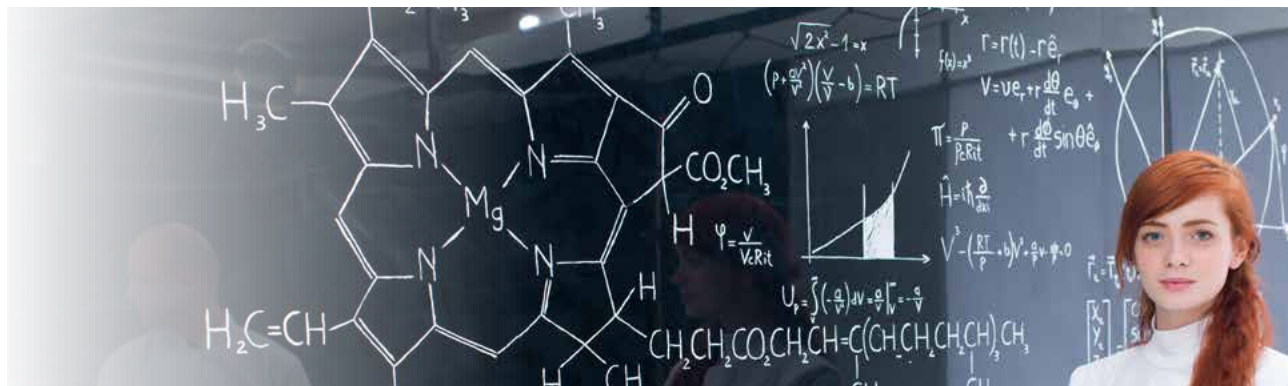
Structure

If you're looking for a better MCAT score, taking a prep course makes sense. But if you want the best score you're capable of, then Prep101 is the smart choice. Other companies spend all their time reviewing the science covered on the MCAT. Or they focus only on strategy. The rest they leave up to you to figure out. That just won't cut it.

Prep101 takes a more comprehensive approach. We teach you all the science on the MCAT. We also help you master the MCAT's challenging passage-based format. And we hone your reasoning skills. When you nail these three areas, you'll get that higher score.

Prep101 delivers 130 hours of intense classroom instruction – more than any other company. That includes 44 Lessons covering the basic science. But we also devote much more time to hands-on practice than other MCAT prep companies. Our 32 In-Class Exams and 28 Workshops will help you master the skills and strategies you'll need for the MCAT's passage-based questions.

All of this adds up to a prep course that offers more of everything you need to get a top score.



	Classroom Hours	Lessons (1-2 hours)	In-Class Exams (1 hour)	Workshops (2 hours)
Bio/Biochem	32	14	10	4 (online)
CARS	32	4	4	12
Psyc/Soc	16	8	6	4 (online)
Chem/OChem	32	8	7	4 (online)
Physics	16	10	5	4 (online)
Total	130	44	32	28

Format

Our MCAT prep course is divided into three stages: before class, in class, and after class. Each stage has its own dedicated set of study materials specifically designed to maximize gains at each point of the learning curve.

We break down the MCAT into 44 lessons that our study guides covers in individual chapters. **Before class**, students read each chapter and work through 24 practice questions. This helps to familiarize them with the basics and boosts confidence before the class.

In class, the first half is devoted to a lecture, in which the instructor covers the chapter's key concepts and works through drills and critical-thinking exercises in our Classroom Companion. This builds upon the before-class readings by delving much deeper into complex MCAT applications. Following that is a 30-minute passage-based in-class exam covering only topics in the lesson which the instructor reviews with students after they've written it.

After class, we offer a practice set to reinforce what students learned. Each one has up to ten passages that go over the topics in the study guide chapter, classroom lecture, and in-class exam. Our after-class practice sets have the same online interface as the MCAT. They don't just reinforce students' problem-solving skills and their grasp of the topic. They accustom students to the grueling experience of writing the six-hour MCAT.

Most other prep companies don't offer this much testing and review – before class, in class, or after class. In fact, most of them offer the majority of their course hours online, which are never as effective as face-to-face interaction in a classroom.

With years of experience in developing study material and classroom instruction, we know how to set just the right rhythm to keep students focused. Writing MCAT passages and questions will be second nature for students once they have completed our course.

Before Class

- Read Study Guide chapter
- Complete 24 practice questions

In Class

- 1 hour of Classroom Companion drills and critical-thinking exercises
- 30-minute in-class exam
- 30-minute review of in-class exam

After Class

- Complete after-class practice set




Unique Course Features

130 hours of classroom instruction

One thing that really sets us apart from other prep companies is the total hours of classroom instruction. This matters because students get plenty of valuable in-person time with our expert instructors. Working in a classroom also keeps you much more focused than watching online lectures by yourself at home where there's always something to distract you.

Coming into class every week keeps you on schedule, and self-discipline comes more readily when you know you've got readings to do before you come to class. There's also that camaraderie that comes from working on a shared problem with your fellow students. Simply put, we believe students learn best in the classroom, which is why we offer more classroom hours than anyone else.

COURSE		Princeton Review	Kaplan
Classroom hours of instruction	130	105	36

Flexible Schedule

We're the only MCAT prep company that lets students customize their weekly schedule. We offer each of our classes on a weeknight and again on the weekend. Students can choose to attend either or both classes, depending on their weekly schedule. We sometimes have different instructors for the weeknight and weekend class too, which will give you two different perspectives on the material if you do attend both. No need to tell us in advance – simply show up to the class that suits you.

Once they've taken our course, students always tell us just how much this helped them manage busy summer schedules full of many different activities. No other company offers this.

Your own customized MCAT prep course





Each class is offered twice: once on a weekday and once on the weekend. You can go to either – or both.

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
Bio/Biochem 3	Psyc/Soc 3	CARS 2		Bio/Biochem 3	Psyc/Soc 3	CARS 2

Unlimited Free Repeat Policy*

One of the goals of Prep101 is to give you the confidence to do as well as you possibly can on the MCAT. After taking our prep course, if you feel you still aren't fully prepared for this challenging test, then we encourage you to repeat the course again at no further charge – no questions asked.

Unlike other companies, there are no restrictions or qualifications – you can repeat at any time. This is a big reason why students come to us, as it gives them far more flexibility with their schedule than any of our competitors.


COURSE		Princeton Review	Kaplan
Unlimited Free Repeat Policy			

* New course material and expired practice tests not included but repeat students are not required to buy these items.

Focus on CARS

One thing that sets us apart from any other prep company is our intensive focus on the Critical Analysis and Reasoning Skills (CARS) section. This section is the one that usually gives students the most trouble – and carries a lot of weight with most medical schools. That's why we devote more classroom hours to CARS than our leading competitors combined.

Our expert prep instructors will train you how to map and analyze passages, dissect question stems, and attack answer choices with confidence over 32 hours of classroom time that includes 4 Lessons, 4 In-Class Exams, and 12 Workshops.

COURSE		Princeton Review	Kaplan
Classroom hours on CARS (Critical Analysis and Reasoning Skills)	32	21	6

Classroom Components

Lessons

Our 44 lessons cover everything you need to know to excel on the MCAT. It's essential to devote as much time in the classroom as possible to learn what the MCAT is all about and how to prepare for it.

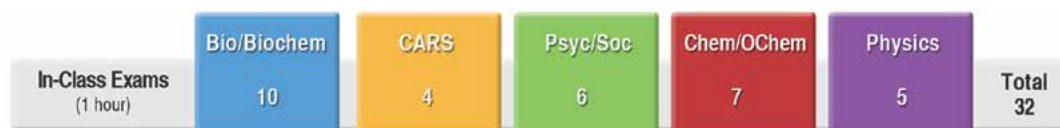


In-Class Exams



Our 32 in-class exams cover only the topics you learned in the preceding lesson. Using what you've learned directly after you've learned it is the best way to ensure that your newfound knowledge really sticks. Our passage-based in-class exams are an excellent way to apply that knowledge, and we're the only company that provides them. After completing each one, the instructor walks you through it and shows you how to analyze the passages, dissect the question stems, and work the answer choices.

We've used these methods for many years, and they've been proven to work. When we survey our students, they consistently report that our in-class exams are an excellent way to apply their new knowledge and become better problem-solvers. Using our methods, you'll approach every passage with confidence, even if you're not familiar with the specific topic in the passage.



CARS Workshops*



To get a competitive MCAT score, you need strategy, timing, analytical reasoning, and critical thinking – all qualities of a skilled physician. Our instructors teach valuable strategies and skills, and provide critical thinking drills in every Lesson and In-Class Exam. But our 12 CARS Workshops are devoted solely to high-yield test-taking techniques such as effective time management, mapping and analyzing passages, dissecting question stems, and elimination strategies. We believe that practice makes perfect. By constantly going over passage-based questions, you'll become a better problem-solver and get a higher CARS score.



* CARS Workshops not included in Flexible Schedule.

Online Components

MedReels

With our flexible schedule, you can choose the class that best fits your schedule. Attend each class on a weeknight or the weekend – or both. It's your choice.

Can't make either class? Not a problem. We also post everything online too. Our easy-to-use MedReels library of on-demand videos is there for you to watch whenever it's most convenient for you. 444 videos clearly and concisely explain every MCAT topic. Another 166 videos provide expert guidance on strategy and technique.

You'll have access to MedReels for one year after the prep course ends, in case you need to refresh your memory or review some concepts.

After-Class Practice Sets

We give you 5-10 after-class passages to practice what you learned in the study guide chapter, classroom lecture, and in-class exam. They're online, with the exact same interface as the MCAT. These 23 practice sets don't just strengthen your grasp of the topic and how it's presented on the MCAT. They help to build stamina for a 6-hour test that's more challenging than any you've ever written. Practice makes perfect. Nailing down those passage-based questions will make you a better problem-solver. And the best problem-solvers get the highest scores.

AAMC Question Packs & AAMC Section Bank

The six AAMC Question Packs and customizable Section Bank we include are vital components of an effective MCAT study strategy. Produced by the Association of American Medical Colleges, these 155 passages and 1,020 questions are the gold standard of MCAT prep resources. We also include 3 full-length Practice Tests from the AAMC. Practicing with materials prepared by the same people who wrote the exam will ensure you master the MCAT's challenging passage-based format, and will give you a realistic idea of how test day will pan out. There's simply no better confidence-booster than that.

Practice Tests

Our prep course includes 13 full-length computerized Practice Tests – including three AAMC Practice Tests. By practicing with these exact simulations, Prep101 students will become accustomed to the timing, computer interface, interdisciplinary approach, and topics covered on the test. Students taking our prep course will be quite comfortable and confident when they sit down in front of the computer to take their own MCAT.



13
full-length
Practice Tests



23
After-Class
Practice Sets



6
AAMC
Question Packs



1
AAMC
Section Bank

Instructors



We do many things right, such as our flexible schedule, focus on problem-solving, and great study guides. But none of that matters if your instructors are ineffective. Instructors make the difference between a great prep course and one that's merely so-so. That's why we've worked so hard to ensure that ours are the best in the business.

Our instructors are hired at competitive auditions



We know our instructors are the best, because our students choose them. We put prospective instructors through a competitive audition by having them teach a mock prep class to a room full of our former MCAT students. This really puts their teaching skills to the test. We can't think of anyone better qualified than students to spot the best teachers, so we let your peers decide who we hire.

No other prep company goes to these lengths to find the best instructors.

Our course is delivered by a team of specialists

Unlike one of our competitors, we don't use just one instructor to teach an entire MCAT course – we use a whole team of them. We only permit specialists – established experts in their field – to teach our course. We firmly believe that a generalist cannot do justice to the course, and it's not fair to students. That's why we have each instructor focus on his or her area of expertise.

We post every instructor's bio and evaluations



We truly believe that Prep101 instructors are our competitive edge. We have so much confidence in them that we post information about each on our website, including a full biography, educational background, and teaching history. We also ask each of our students to rate their instructor's performance, and we post those reviews alongside the instructor's biography. No other MCAT prep company is this transparent.

INSTRUCTORS	✓ Prep101	Princeton Review	Kaplan
Hired by students at competitive auditions	✓	✗	✗
Specialists teach each subject	✓	✓	✗
Credentials and evaluations on website	✓	✗	✗

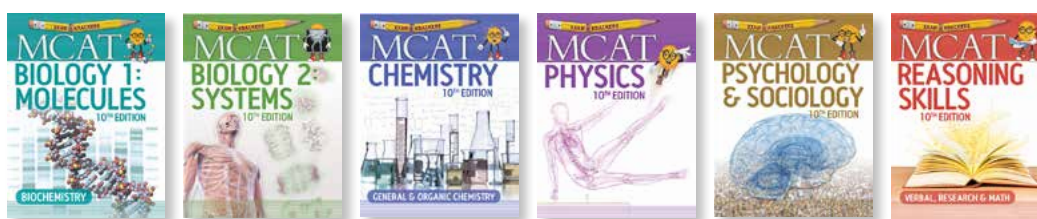
Books (Included in price)

Study Guides

A good set of study guides is as essential to your MCAT preparation as the instructors. You're dealing with more information than you have in any class you've taken before. Well-organized study guides help you manage it.

Many students make the mistake of trying to cram as much material into their brain as possible. But you won't succeed on the MCAT through brute force. You have to develop a strategy – you need to “know what you need to know.”

A great set of study guides give you everything you need to prepare for the MCAT without overwhelming you with superfluous material. We use the Examcrackers Complete MCAT Study Package because it is the most concise, clear and simple-to-use guide on the market and, more importantly, it's perfectly tailored to the MCAT.



Classroom Companions

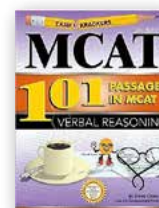
We offer a Classroom Companion to go with each of our study guides. They're designed to reinforce what you just learned in the guide, and are meant to add even more structure to the class. Our Classroom Companions make it easier for you to take down notes by providing a framework for you to follow, so you can focus on what the instructor is telling you.

Prep101 is strongly committed to providing a uniquely interactive, dynamic learning environment for students taking our prep course. Passively listening to an instructor droning on at length is not the best way to learn a subject. We believe students learn best by doing, and we base the classroom component of our MCAT prep course on the principle of active learning.



CARS Workbook

Improving your MCAT score comes down to hard work and practice, practice, practice - and even more practice. That's why we provide you with one extra workbook with 101 practice passages for CARS.



Sample Course Schedule (Summer 2019)

Tuesday May 21 to Sunday July 28

Weeknights (Monday-Friday): 5:30pm to 9:30pm

Weekends (Saturday-Sunday): 10:30am to 2:30pm

- Critical Analysis and Reasoning Skills (CARS)
- Biology/Biochemistry (Bio/Biochem)
- Chemistry/Organic Chemistry (Chem/OChem)
- Psychology/Sociology (Psys/Soc)
- Physics

May 2019						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
20	21	22	23	24	25	26
Victoria Day (No Class)	Orientation	CARS 1	Bio/Biochem 1	Orientation	CARS 1	Bio/Biochem 1
27	28	29	30	31		
Psys/Soc 1	Chem/OChem 1	Physics 1		Psys/Soc 1		
June 2019						
					1	2
					Chem/OChem 1	Physics 1
3	4	5	6	7	8	9
Bio/Biochem 2	Chem/OChem 2	CARS 2		Bio/Biochem 2	Chem/OChem 2	CARS 2
10	11	12	13	14	15	16
Psys/Soc 2	CARS Workshop 1	Bio/Biochem 3		Psys/Soc 2	CARS Workshop 2	Bio/Biochem 3
17	18	19	20	21	22	23
Physics 2	Bio/Biochem 4	Chem/OChem 3		Physics 2	Bio/Biochem 4	Chem/OChem 3
24	25	26	27	28	29	30
Psys/Soc 3	Chem/OChem 4	Bio/Biochem 5		Psys/Soc 3	Chem/OChem 4	Bio/Biochem 5

Sample Course Schedule (Summer 2019)

Our Flexible Schedule

Each class is offered twice: once on a weeknight and once on the weekend.
You can go to either – or both.

July 2019						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
Canada Day (No Class)	CARS Workshop 3	Bio/Biochem 6	Chem/OChem 5	CARS Workshop 4	Bio/Biochem 6	Chem/OChem 5
8	9	10	11	12	13	14
Chem/OChem 6	Bio/Biochem 7	Physics 3		Chem/OChem 6	Bio/Biochem 7	Physics 3
15	16	17	18	19	20	21
Chem/OChem 7	CARS Workshop 5	Psyc/Soc 4		Chem/OChem 7	CARS Workshop 6	Psyc/Soc 4
22	23	24	25	26	27	28
Chem/OChem 8	Bio/Biochem 8	Physics 4		Chem/OChem 8	Bio/Biochem 8	Physics 4
29	30	31				
August 2019						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

How To Sign Up

There are 3 ways to register for our MCAT prep course:



1. **Online** – The easiest way to sign up is online at mcat.prep101.com



2. **Phone** – To sign up by phone, call us toll-free at **1 877 878 0882** or in Toronto at **416 907 4404**. You can also pay over the phone using Visa or MasterCard.



3. **Mail*** – To sign up by mail, please complete the Registration Form included with this Information Package and mail it to:

Prep101 – MCAT Division
Suite 600, 344 Bloor Street West
Toronto, Ontario
M5S 3A7

* Registrations by mail must be received at least one week prior to the beginning of the course.



Registration Form (Summer 2019)



Personal Information

First Name _____ Last Name _____

Shipping Address*

*Please be advised that we cannot ship to PO Boxes or Rural Routes.

Number and Street Name _____

Apt. Number _____

Buzzer Number _____

City _____

Province _____

Postal Code _____

Email Address _____

Phone Number _____

Course Options

Select Course:

- ☐ **Comprehensive (Summer 2019)**
\$2495 + Sales Tax + \$65 Shipping

Select Location:

- ☐ Calgary (+5% GST + \$65 Shipping = \$2684.75)
☐ Edmonton (+5% GST + \$65 Shipping = \$2684.75)
☐ Guelph (+13% HST + \$65 Shipping = \$2884.35)
☐ Halifax (+15% HST + \$65 Shipping = \$2934.25)
☐ Hamilton (+13% HST + \$65 Shipping = \$2884.35)
☐ Kingston (+13% HST + \$65 Shipping = \$2884.35)
☐ London (+13% HST + \$65 Shipping = \$2884.35)
☐ Mississauga (+13% HST + \$65 Shipping = \$2884.35)
☐ Montreal (+14.98% Sales Tax + \$65 Shipping = \$2933.75)
☐ Ottawa (+13% HST + \$65 Shipping = \$2884.35)
☐ Scarborough (+13% HST + \$65 Shipping = \$2884.35)
☐ Toronto (York U) (+13% HST + \$65 Shipping = \$2884.35)
☐ Toronto (U of T) (+13% HST + \$65 Shipping = \$2884.35)
☐ Vancouver (UBC) (+5% GST + \$65 Shipping = \$2684.75)
☐ Victoria (+5% GST + \$65 Shipping = \$2684.75)
☐ Winnipeg (+13% Sales Tax + \$65 Shipping = \$2884.35)

Payment Options

Select Payment Amount:

- ☐ I am including the full payment of \$ _____ including Sales Tax + \$65 Shipping.
- ☐ I am including a deposit of \$100 and will pay the remaining balance before May 1, 2019.

Select Payment Method:

- ☐ I have enclosed a cheque for \$ _____
[Make cheques payable to Prep101]
- ☐ Please bill my credit card for \$ _____
☐ MC ☐ Visa
- Name on Card _____
- Card # _____
- Expiry Date _____
- Signature _____

Please mail this form to:

Prep101 – MCAT Division
Suite 600, 344 Bloor Street West
Toronto, Ontario M5S 3A7

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